



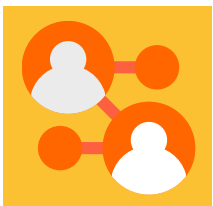
Paving the way for a Longevity Ready Maryland

Longevity Ready Maryland (LRM) is the Maryland Department of Aging's 10-year multisector plan to effectively address the challenges and maximize the benefits and opportunities of an aging society.

Looking Ahead: Epic Goals

Marylanders are living longer and healthier lives. The growing population of older adults offer tremendous value to the Maryland landscape. They fuel local economies, provide support for families, and contribute to the community in many ways. By ensuring equal access to coordinated care, services, and social determinants that enable healthy longevity, we can become a state where all Marylanders lead healthy, financially secure, socially connected, and purposeful lives.

LRM is guided by four Epic Goals intended to help Maryland communities thrive in the years to come.



Build a longevity ecosystem that connects key stakeholders and systems to work collaboratively with older Marylanders to enhance quality of life.



Promote economic opportunity for an age-inclusive workforce through multi-generational employment and consumer participation.



Prepare Marylanders to afford longevity through improved access to affordable housing, healthcare, and retirement planning.



Optimize health, wellness, and mobility through investments in nutrition, health literacy, outdoor spaces, public health, and transportation infrastructures.

Key Features

The LRM Data Dashboard will serve as a trusted resource for collecting and sharing emerging data and research-based findings to guide policy making, budget allocation, and program development.

Research, Stakeholder, and Equity Advisory Groups will coordinate aging community sectors to lead collaborative efforts that enhance the lives of older adults.

The LRM Advisory Council will define evidence-based policies that enhance the lives of older adults and make recommendations to the Governor and Maryland legislature.

Stakeholders

- Older Adults
- Area Agencies on Aging
- Caregivers (paid and unpaid)
- Healthcare Providers
- Social Service Agencies
- Advocacy Groups
- Philanthropies
- Government Agencies
- Community-based Organizations
- Educators
- Research and Academia
- Elected Officials
- Business and Employers

*Help pave the way for a Longevity Ready Maryland.
Visit LRM.Maryland.gov for ways to participate.*